

Mental Health & Wellbeing Survey

What are your workers mental health and wellbeing needs?



Understand your workers' Mental Health and Wellbeing needs by undertaking a survey and review

Mental Health and Wellbeing is more than just a feel-good term to stimulate employee engagement.

It's a critical component of high-performing teams.

Research shows the biggest issue facing Australian workplaces is how to retain and attract the best workers, including how to ensure workers are both mentally healthy and productive.

A Mental Health and Wellbeing Climate Survey (review) is an essential snapshot of your organisation's culture at a point in time. It's designed to inconspicuously assess the health and wellbeing and psychological safety of your workers and workplace against the key work-related factors which influence work related psychological stress and identify opportunities for improvement.

The most effective review is one undertaken by an independent, qualified, and competent consultant.

Ai Group can objectively measure employees shared perceptions and the extent to which safety is valued within your business.

The result – a thriving workplace.

What does a Mental Health and Wellbeing Climate Survey and Review achieve?

Changes within the workplace can affect safety culture. Poorly implemented safety systems, business re-structure, and operational changes can impact how people feel, believe, and behave. Not all of this may be positive.

Without asking your people how they feel or believe about any changes in the workplace, you may never really know why your safety performance is the way it is!

Help your workplace thrive.

What will a Mental Health and Wellbeing Survey tell you?

The survey is designed to provide you with insights into the conditions, culture and psychological health and wellbeing of your workplace.

The survey will provide you with an understanding of the key work-related factors which can influence work related psychological stress, with an added bonus of telling you which areas you can focus on to improve general health and wellbeing.

The results will help you to identify a health and wellbeing roadmap to improve your health and wellness culture, programs, and performance.

The outcome will include practical recommendations (in the form of an action plan report) that will assist you to improve overall behaviours.

What you'll get:

Be-spoke online Mental Health and Wellbeing climate survey specific to your business.

The opportunity to have a sample of your employees interviewed (face to face via Teams/Zoom or in person).

A poster to promote the survey to your employees to maximise participation.

Identification of culture challenges and opportunities for improvement

Recommendations and strategies to improve Health and Wellbeing culture and overall performance.

An action plan report and strategy to provide direction and address any identified issues: and

A business consultant who will work with you throughout your safety culture journey.

Your investment:

From \$5,250 +GST

Note: Discounted member rate supplied. Fee may also depend upon business requirements. Ask us for a quote!

Contact us:



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